



Helping You Today  
So You Succeed Tomorrow



# Working from Home with Ticket to Work

**Date:**  
Wednesday,  
November 16,  
2022

**Time:**  
3 – 4:30 PM ET



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You can manage your audio using the audio option at the top of your screen (it will look like a microphone or telephone icon).



# Accessing Today's Webinar (Slide 2 of 3)

All attendees will be muted, and we encourage you to attend by choosing **“listen only”** from the audio menu. This will enable the sound to be broadcast through your computer, so please make sure your **speakers are turned on or your headphones are plugged in.**

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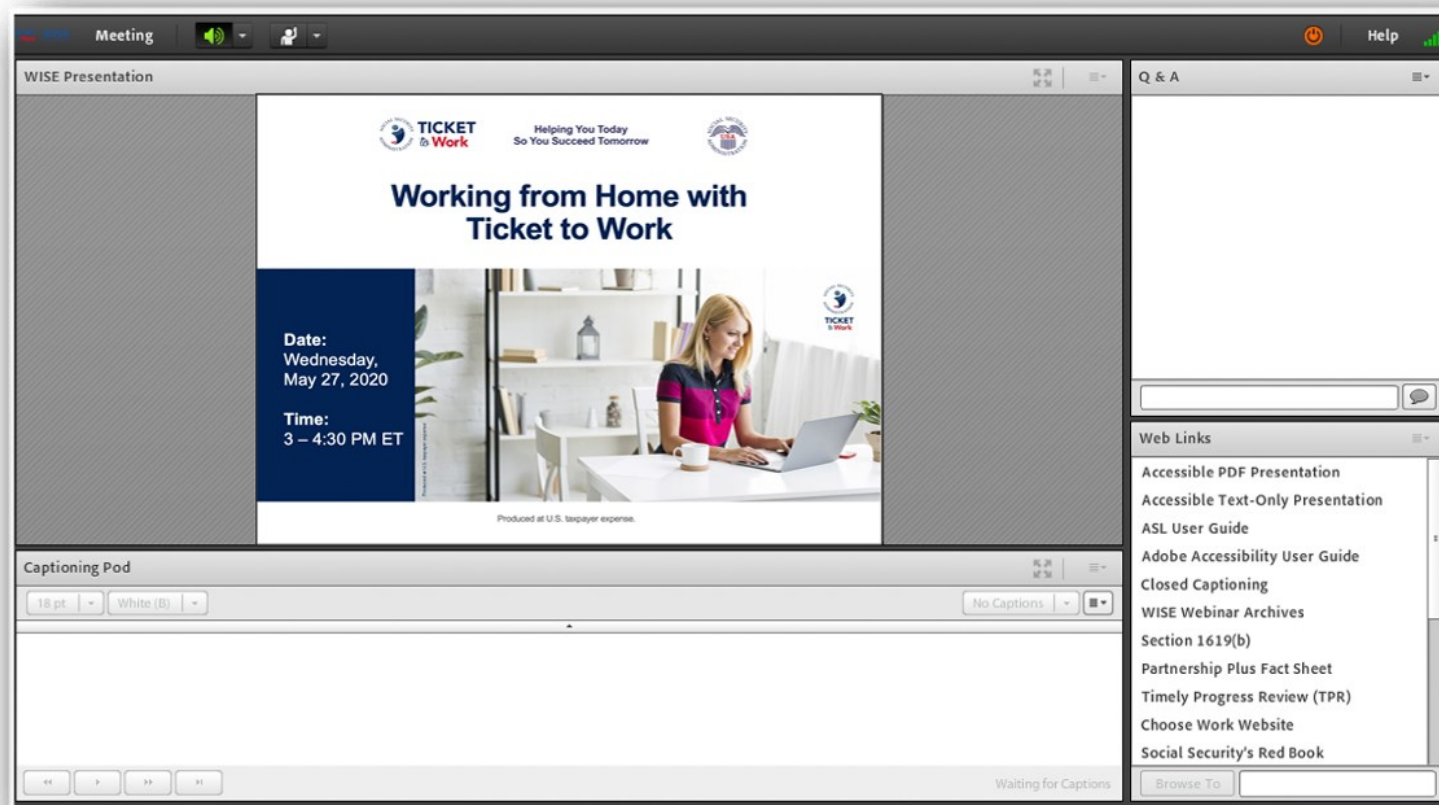
Toll-free number: **1-800-832-0736**

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# Webinar Accessibility



# Adobe Connect Platform



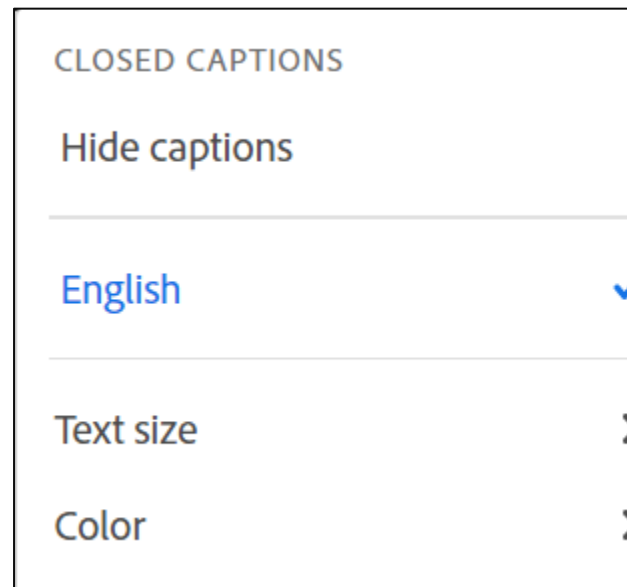
# Adobe Connect Accessibility User Guide

Should you need assistance navigating Adobe Connect, use the [Accessibility User Guide](#), complete with a list of controls.

New Keyboard Shortcuts	
CTRL + M	Toggle Microphone on (locked) or off.
CTRL + UP ARROW	Toggle Raise Hand Status.
CTRL + .	Toggle Full Screen Mode. Applies to currently selected Share Pod.
CTRL + ' (apostrophe)	Promote to Host. Requires selected attendee(s) in the Attendee List.
CTRL + ] (right bracket)	Demote to Participant. Requires selected attendee(s) in the Attendee List.
CTRL + / (forward slash)	Promote to Presenter. Requires selected attendee(s) in the Attendee List.
CTRL + , (comma)	Start/Stop Recording (toggle). For Start, brings up the Start Recording Dialog.
CTRL + \ (backslash)	End Meeting. Brings up the End Meeting Dialog.
CTRL + [ (left bracket)	Start/Stop Desktop Sharing. Applies to currently selected Share Pod.
CTRL + SPACE	Opens up left most menu for keyboard navigation.

# Captioning

- Real-time captioning is provided during this webinar
- The captions can be found in the **Captioning pod**, which appears below the slides
- As a participant, you can show or hide the caption display, and you can change **text size** and choose **text color** combinations to best meet your vision requirements.

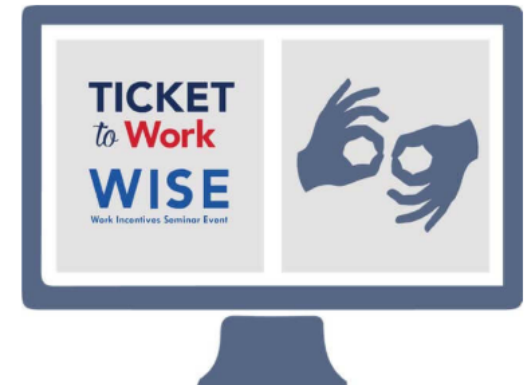


You can also access [captioning online](#).



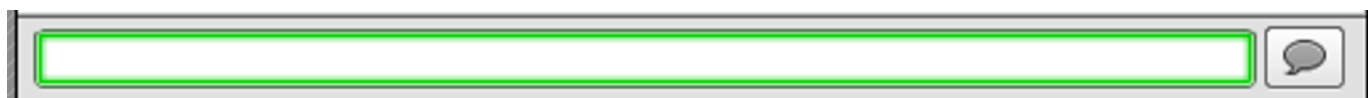
# American Sign Language (ASL)

- If you're fluent in **ASL** and would like support during today's webinar, use the [ASL User Guide](#) that provides instructions to connect with an interpreter through the Federal Communications Commission (FCC) Video Relay Service (VRS)



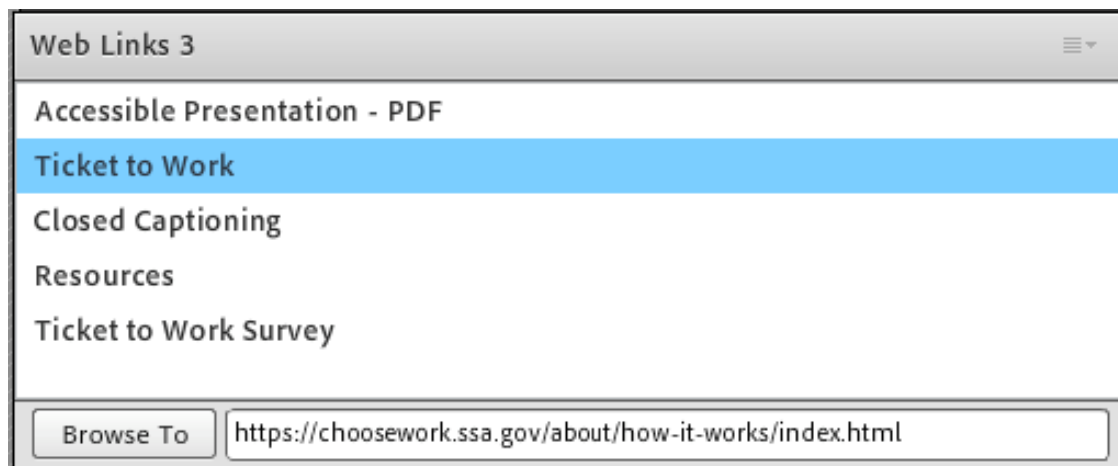
# Questions and Answers (Q&A)

- For Q&A: Please use the **Q&A pod** to submit any questions you have during the webinar, and we will direct the questions accordingly during the Q&A portion
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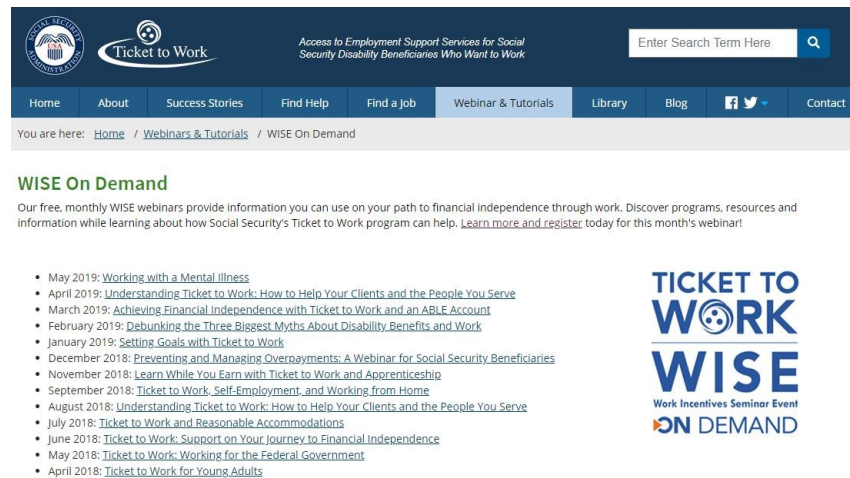
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# Archived Events

**Please note:** This webinar is being recorded, and the archive will be available within 2 weeks through [WISE on Demand](#).



The screenshot shows the Ticket to Work website interface. At the top, there is a navigation menu with links for Home, About, Success Stories, Find Help, Find a Job, Webinar & Tutorials (which is highlighted), Library, Blog, and Contact. A search bar is located on the right side of the header. Below the navigation menu, the breadcrumb trail reads: You are here: Home / Webinars & Tutorials / WISE On Demand. The main content area is titled "WISE On Demand" and includes a sub-header: "Our free, monthly WISE webinars provide information you can use on your path to financial independence through work. Discover programs, resources and information while learning about how Social Security's Ticket to Work program can help. [Learn more and register](#) today for this month's webinar!" Below this, there is a list of webinar topics with dates, such as "May 2019: Working with a Mental Illness" and "April 2019: Understanding Ticket to Work: How to Help Your Clients and the People You Serve". On the right side of the screenshot, the "TICKET TO WORK WISE ON DEMAND" logo is displayed.

# Technical Assistance

If you experience any technical difficulties during the webinar, please use the **Q&A pod** to send a message, or you may email [webinars@choosework.ssa.gov](mailto:webinars@choosework.ssa.gov).



# Presenters

## Welcome and Introductions

Moderator: Derek Shields, Ticket Program Manager

Presenters: Raymond A. Cebula, III, J.D., Cornell University

# Welcome!

Thank you for joining us! Today, we'll discuss how Social Security's Ticket to Work (Ticket) Program can help you and answer questions related to:

- Social Security's Ticket Program
- Why consider working from home?
- What type of work from home jobs are available?
- Finding work from home jobs
- Tips for working from home





# **Ticket to Work Program: Support on Your Journey to Work**



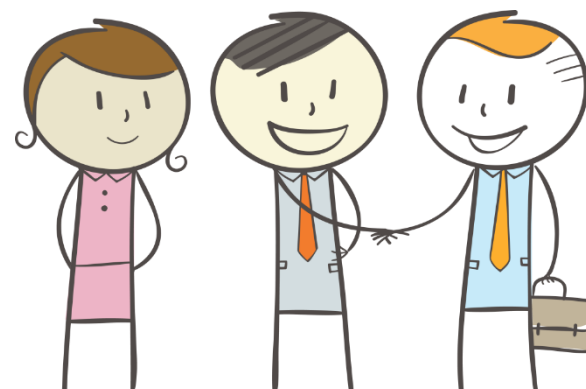
# Social Security Disability Benefits Program



**Social Security Disability Insurance (SSDI)**



**Supplemental Security Income (SSI)**



# Sign up for a *my* Social Security Account

- Your personal *my* Social Security account through [Social Security](#) gives you secure access to information based on your earnings history and interactive tools tailored to you.
- With a *my* Social Security account, you can access your earnings history and benefits information, request a replacement Social Security card, get a proof of income letter, estimate and apply for benefits, and more.

## How to create a *my* Social Security account



Securing today  
and tomorrow

To create an account, you must:



Be at least 18  
years of age



Have a Social  
Security number



Have a valid U.S.  
mailing address



Have an email  
address

# Starting the Journey

Only you can decide if work is the **right choice for you.**



# Why Choose Work?

Earning a living through employment is not something everyone can do, but it may be **right for you**. Once people understand the many **free services and supports** available to them, they often find that the rewards far outweigh the risks.



# What Is the Ticket to Work Program? (Slide 1 of 2)

## The Ticket to Work Program

- Is a free and **voluntary** Social Security program
- Offers **career development** for people ages 18 through 64 who receive Social Security disability benefits and want to work



# What Is the Ticket to Work Program? (Slide 2 of 2)

The Ticket to Work program connects you with **free employment services** to help you:

- Decide if working is right for you
- Prepare for work
- Find a job
- Succeed at work

Learn more: [What is Social Security's Ticket to Work Program?](#)



# Ticket to Work Help Line

If you want to verify your eligibility for Ticket to Work or have questions about how the program works, **call the Ticket to Work Help Line:**

**Monday – Friday 8:00 am – 8:00 pm ET**

- 1-866-968-7842
- 1-866-833-2967 (TTY)



# Questions?





# Why Consider Working from Home?



# Why Consider Work from Home? (Slide 1 of 2)

Working from home may be right for you if you:

- Need **special transportation arrangements** due to your disability
  - Have limited access to accessible parking
- Need to work from home as a **reasonable accommodation**
  - If, for example, accessibility is limited at your worksite or workstation
- Are **sensitive to environmental issues**
  - Such as workplace construction, temperature variations or lighting that does not meet your needs



# Why Consider Work from Home? (Slide 2 of 2)

Working from home may be right for you if you:

- Need privacy to **manage medical needs**
  - Using the restroom, taking medication, receiving treatment
- Want a more **flexible work schedule**
- Want a **less stressful** work environment
- Want to seek opportunities in **different fields of work**
- Live in a **rural area** with few job opportunities

Learn more about working from home by reading our monthly [\*\*Ticket to Work blog posts.\*\*](#)

# Pros and Cons of Working from Home

## Pros

- Many employees can be productive working from home
- Employees can save time and money on their commutes
- Remote meetings aren't **that** bad.

## Cons

- Many people miss the social aspects of working in an office, from talking to coworkers to attending planned social activities
- It can be hard to separate your work life from your home life

# What type of Work from Home Jobs are available?



# What Types of Jobs are Available?

**The short answer is a lot!**

Many people began working from home in 2020 and many employers now recognize the benefits of a remote workplace.

If you're looking for a work from home job, you have more industries than ever to choose from.



# Work from Home Jobs in 2022

According to [Indeed](#), these are some of the hot work from home jobs this year:

1. Translator
2. Graphic designer
3. Tutor
4. Accountant
5. Sales consultant
6. Registered nurse

Source: [14 Top Remote Jobs to Consider in 2022 | Indeed.com](#)

# What Does a Translator do?

Translators convert written text from one language to another.

Translators typically work as freelancers or contractors for businesses, individuals and government agencies.

**National average annual salary:**  
**\$39,798**



Source: [14 Top Remote Jobs to Consider in 2022 | Indeed.com](#)



# What Does a Graphic Designer do?

Graphic designers make ideas into visual representations, including logos, fonts, advertisements and other design elements.

They design using computer applications or traditional artistic media.

**Average national annual salary:**  
**\$50,420**



Source: [14 Top Remote Jobs to Consider in 2022 | Indeed.com](#)

# What Does a Tutor do?



Tutors teach students of any age in any subject, though they often have a specialty.

Video chat applications are often used for virtual tutoring

**Average national annual salary: \$54,182**

Source: [14 Top Remote Jobs to Consider in 2022 | Indeed.com](#)

# What Does an Accountant do?

Accountants review and prepare financial documents for individuals and businesses.

They also provide financial advice and ensure a company's financial stability based on its budget and operating costs.

**Average national annual salary: \$55,857**



Source: [14 Top Remote Jobs to Consider in 2022 | Indeed.com](#)

# What Does a Sales Consultant do?

Sales consultants analyze a company's sales techniques to find ways to improve them.

They may also train sales representatives to increase sales and develop client relationships, among other things.

**Average national annual salary: \$71,495**



Source: [14 Top Remote Jobs to Consider in 2022 | Indeed.com](#)

# What Does a Registered Nurse do?



Even some registered nurses can work from home!

They provide advice over the phone or through telemedicine programs.

They also help with paperwork and develop health plans.

**Average national annual salary:**  
**\$79,163**

Source: [14 Top Remote Jobs to Consider in 2022 | Indeed.com](#)

# Finding Work from Home Jobs



# Are there any Work from Home Requirements?

(slide 1 of 2)

Many work from home positions have requirements similar to any other job, including:

- A certain degree of education, like a high school diploma or college degree
- Specific training or certificate requirements
- Skills specific to the job
- Relevant experience in the field if you're applying for a senior position

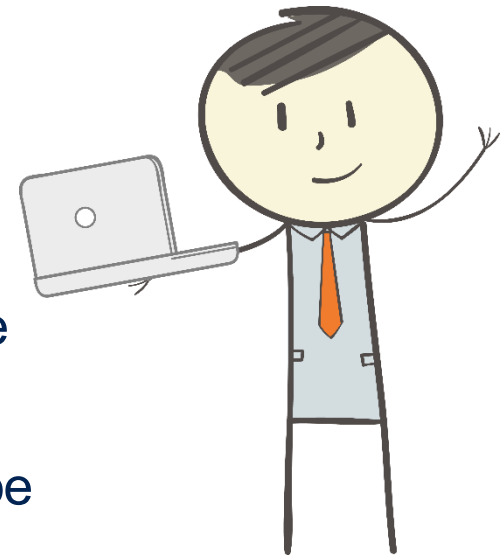


# Are there any Work from Home Requirements?

(slide 1 of 2)

Some work from home positions might have specific requirements, including:

- Availability to work a set schedule, in some industries including weekends
- Home office space that is free of noise and distractions
- High-Speed, reliable internet access
- Computer navigation skills, e.g., ability to move between multiple windows and programs
- Clear speaking/ phone voice (a headset may be required)





# Work from Home Skills

Beyond actual requirements, there are some skills that are useful when working from home, including:

- Time management
- Written communication
- Motivation
- Organization
- Flexibility

Soft skills can help you improve some of these areas. Your Ticket Program service provider can help.



# Preparing for Your Work from Home Job Search

Before you begin looking for a work from home job, take some time to update your resume.

- Think back to your **work experience** (paid or volunteer) or **training**
- Take an inventory of the **skills** you have that can help you find jobs you're a good fit for
- Notify your **references** so they know you are looking for work
- Practice **interview skills**

# Things to Keep in Mind (Slide 1 of 2)

## Be Cautious

Not all work from home opportunities are legitimate. Red flags may include:

- Promising high income for little work
- Providing an unclear or vague description of the job
- Short or no interview process
- Charging applicants fees to apply for the job or to do the job after you have been hired
- The company having been in business for a short time

# Things to Keep in Mind (Slide 2 of 2)

## Understand Your Taxes

Be sure to check with your potential employer to make sure you understand the specifics of taxes before you accept the job.

Some opportunities may not withhold taxes like traditional employment:

- **W2** – Taxes withheld
- **1099** – Taxes not withheld and your responsibility to pay

# Need Help Finding a Job?

- Check out our new [Find A Job](#) page!
- We provide resources and information about employment organizations, including those that specifically serve people with disabilities.
- Get started on your job search and connect with a Ticket Program service provider along the way!





## Affordable Connectivity Program

*Helping Households Get  
Access to Broadband*

# Affordable Connectivity Program

- A Federal Communications Commission benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.
- Provides eligible households with a discount on broadband service and connected devices.
- Provides a discount of up to \$30 per month toward the internet for eligible households and up to \$75 per month for homes on qualifying Tribal lands.

**Find out if you're eligible and how to apply for the**  
**[Affordable Connectivity Program.](#)**

# 4 Tips for Working from Home



# Work from your home office.

- If you can, dedicate a workspace where you'll do your work.
- Try not to do anything else in that room.
- If you don't have the extra space, set up a desk or table that you only use for work.
- Having a separate workspace can help you focus on work and also help you leave work “at the office.”



# What if you don't have the equipment you need?

Many employers will provide you with the equipment you need for your job.

If that's not the case, we encourage you to work with a Ticket to Work [service provider](#) to get your home office set up.

They can offer advice that may help you get your home office set up.



# Create a morning routine.

- A morning routine will help you prepare for work and set you on the path to a productive day.
- It may be tempting to sleep in all day, but believe it or not, doing this gets old after a while. Set an alarm and wake up at a consistent time for work every day if you can.
- Once you're up, get ready for work! Getting dressed can help you start your day and also help you feel professional while you're working.

# Keep a schedule.

- Maintain boundaries between your work and home life.
- If you have a home office, shut that door at the end of the day. Close your computer and walk away.
- Decompressing after work can be difficult when you're at home, but setting a schedule helps you maintain that boundary so you can switch your attention from work to home.
  - Write down your work hours in case you get interrupted.

# Stay Connected

- You may take advantage of videoconferencing to stay connected at work. It may feel strange at first, but with a little practice, you'll get used to interacting with your colleagues this way.
- It's important to maintain connection with others. Working from home can feel isolating, but it doesn't have to be. Here are some ways that could help:
  - Meet up with a neighbor for your lunch break
  - Have dinner or a video call with family after work
  - Keep in touch with your colleagues through email or your company's online chatting system

# Lori's Story

Anxiety made it difficult for Lori to build a career; but with the help of the Ticket program, Lori now works in Public Relations/Marketing for Employment Options. She found more than a job; Lori found a career she's passionate about!

“Making my own money again is freeing. I want to do whatever I can to help others understand and learn about this great program.”

*Lori, A Ticket to Work Success Story*



[Lori's Success Story](#)

# Questions?



# Get Updates!

- Want to learn more about our monthly **WISE webinars**?  
Subscribe to [email and text message updates](#) to find out our topics each month and be the first to register.
- Interested in learning more about the Ticket program, employment service providers, and other topics?  
Subscribe to the [Choose Work! blog](#) to get our weekly updates sent directly to your inbox.



# How to Get Started

Social Security's Ticket to Work program has a variety of service providers and other resources ready to help you get started!

## Call the Ticket to Work Help Line:

- 1-866-968-7842
- 1-866-833-2967 (TTY)

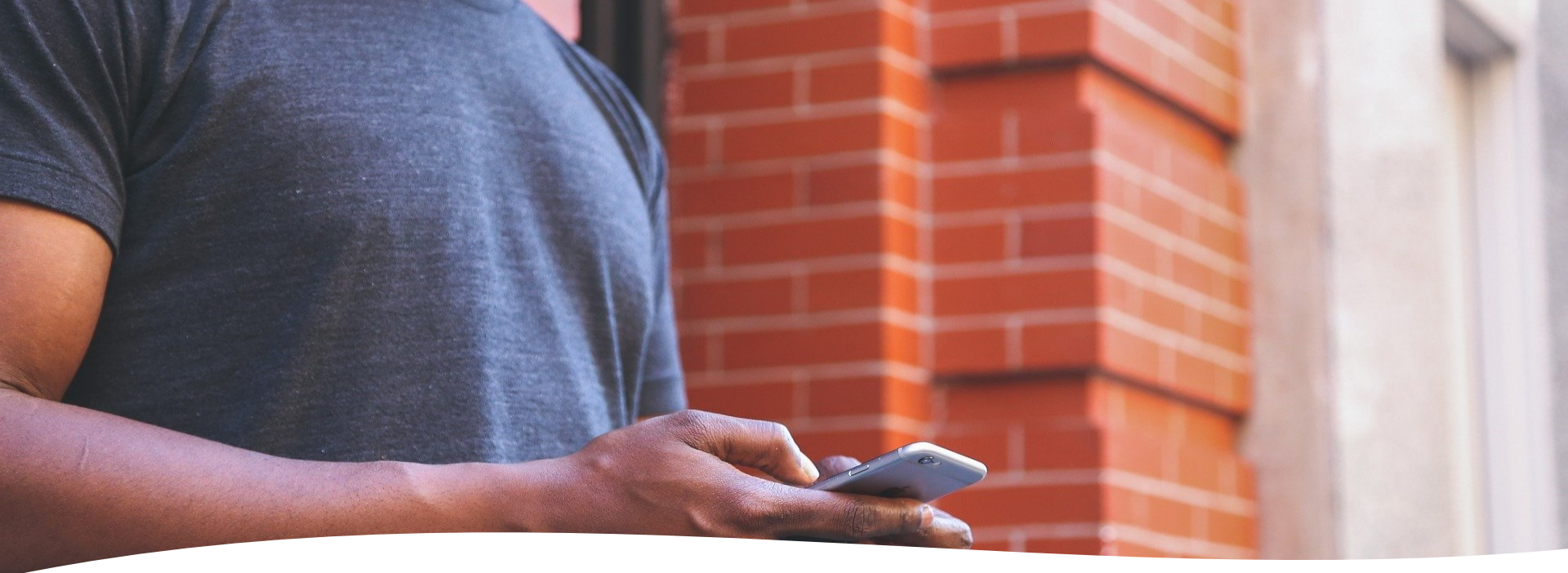
Visit: [choosework.ssa.gov](https://choosework.ssa.gov)

## Connect:

Visit the [Choose Work! contact page](#) to find us on social media and subscribe to blog and email updates!







## Opt-in to Receive Text Messages

- Get advice and encouragement and read stories about people who achieved financial independence with help from the Ticket to Work Program.
- If you're interested in receiving text messages from the Ticket Program, please text **TICKET** to **474747**. Standard messaging rates may apply.

# Ticket to Work Mail

- If you need to contact Social Security's Ticket to Work Program, managed by the Social Security Administration's Office of Employment Support, we ask that you do so **electronically** instead of by postal mail.
- Our email address is [support@choosework.ssa.gov](mailto:support@choosework.ssa.gov). Remember, **do not include personally identifiable information** in your email!
- You may also contact the Ticket to Work Help Line at **1-866-968-7842** or **1-866-833-2967 (TTY)** Monday through Friday, 8 a.m. to 8 p.m. ET.



Join Us for Our Next WISE Webinar!

**TICKET**  
*to* **Work**

**WISE**  
Work Incentive Seminar Event

**Setting Goals with Ticket to Work**

**Date: Wednesday, December 21, 2022**

**Time: 3 – 4:30 PM ET**

**[Register online](#)**

or call **1-866-968-7842** or **1-866-833-2967 (TTY)**

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A link will pop up after the webinar or visit the [WISE Webinar Survey](#) site.

