

Find Your Full or Normal Retirement Age

Everyone age 18 through his or her full retirement age (also called “normal” retirement age) who receives Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) due to a disability is eligible to participate in the Ticket to Work program. To find out if you’re eligible, see the chart below. If you have questions, please call the Ticket to Work Help Line at 866-968-7842 or 866-833-2967 (TTY).

Year of Birth*	Full Retirement Age
1937 or earlier	65
1938	65 and 2 months
1939	65 and 4 months
1940	65 and 6 months
1941	65 and 8 months
1942	65 and 10 months
1943-1954	66
1955	66 and 2 months
1956	66 and 4 months
1957	66 and 6 months
1958	66 and 8 months
1959	66 and 10 months
1960 and later	67

*If you were born on January 1st of any year, you should refer to the previous year. (If you were born on the 1st of the month, Social Security figures your full retirement age as if your birthday was in the previous month.)