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So You Succeed Tomorrow

TICKET TO WORK

**For People Who Have a Mental Illness:
Support on Your Journey to Employment**

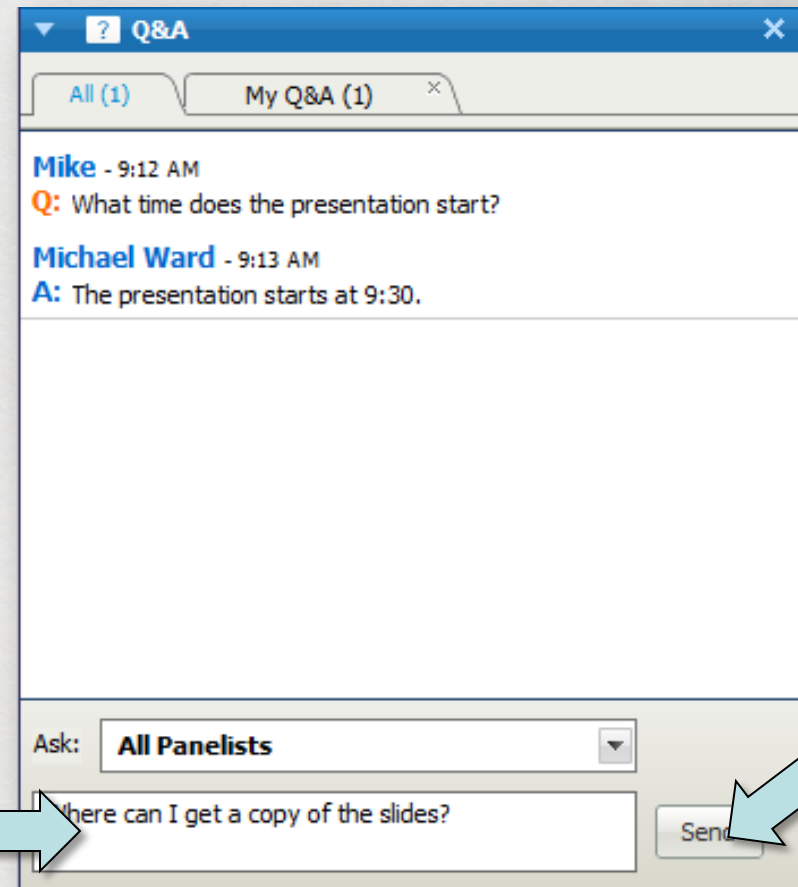
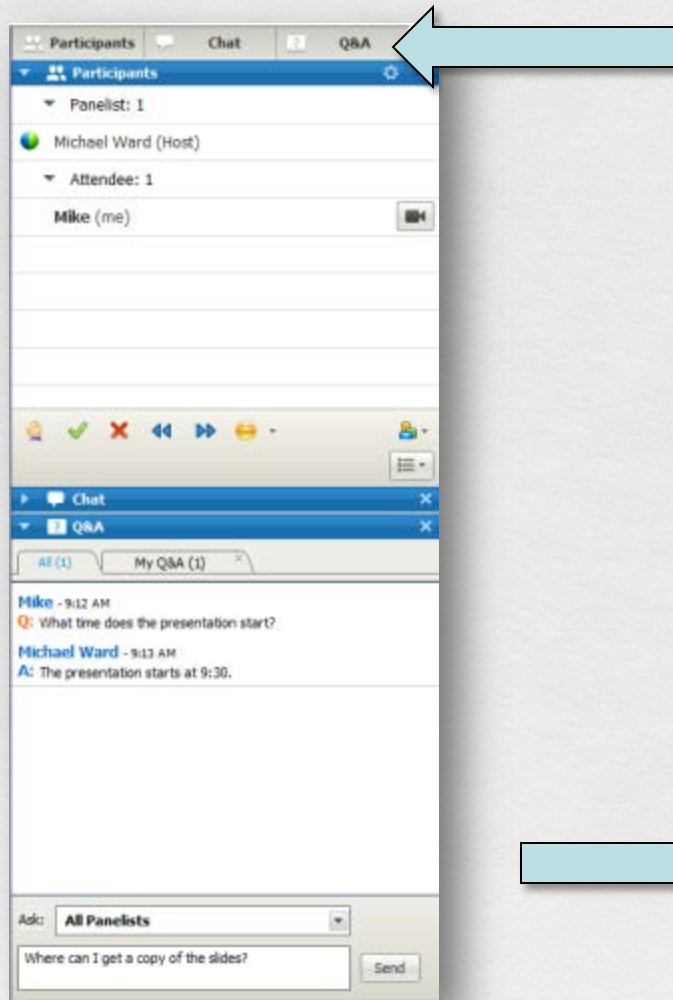
Work Incentives Seminar Event

Date: Wednesday, May 28

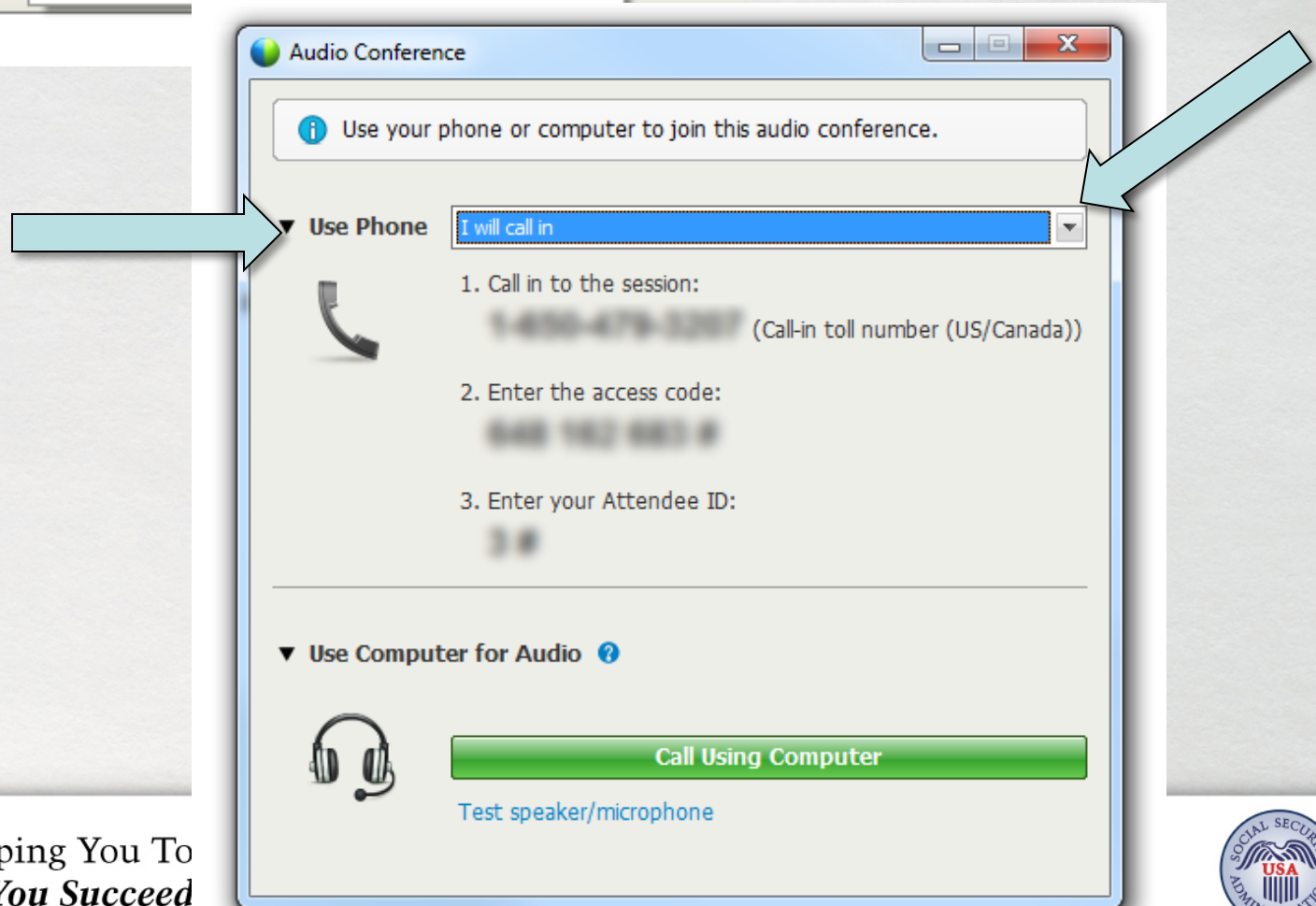
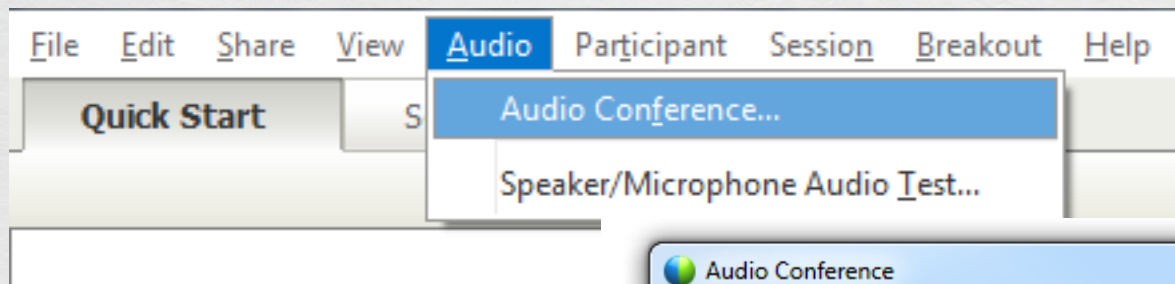
Time: 3:00-4:30 p.m. EDT



Adjusting Audio Mode



Audio and Questions Panels



Webinar Accessibility



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Webinar Accessibility

- Toll-Free number: 1-855-749-4750
 - Access code: 645-603-953
 - Closed captioning:
http://www.ilr.cornell.edu/edi/captions.cfm?activity_id=4836
- Webinar PowerPoint, accessible PDF, and text are located at the URL link you received in your WISE confirmation and access letter.



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Webinar Accessibility

- Webinar presentation, transcript, and audio recording will be available in approximately two weeks at:

www.ilr.cornell.edu/edi/m-wise-webinars.cfm

- Webinar question & answer period

During the webinar, submit your questions on the webinar “[question and answer box](#)” or to webinars@choosework.net

Anytime after the webinar day, email your questions to support@chooseworkttw.net



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Agenda

- **Welcome and Introduction**
Ray Cebula, Employment & Disability Institute, Cornell University
- **Meet Megan! A Ticket to Work Success Story**
Ray Cebula and Megan
- **Mental Health: Common Myths**
Kendra Berry, Aspire Indiana Works
- **The Ticket to Work Program**
Kendra Berry, Aspire Indiana Works
- **Employment Network**
Tina Skeel, Aspire Indiana Works
- **Other Resources**
Ray Cebula
- **Questions and Answers**
Presentation Team



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Interview with Megan: A Ticket to Work Success Story!



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Meet Ben!

An Introduction to Ticket to Work



*Good Jobs, Good Careers, and
a Better Self-Supporting Future*



Why Choose Work?

- Earn more income



Why Choose Work?

- Earn more income
- Gain independence



Why Choose Work?

- Earn more income
- Gain independence
- **Meet new people**



Why Choose Work?

- Earn more income
- Gain independence
- Meet new people
- **Learn new skills**



Social Security Disability Benefit Programs



Social Security
Disability Insurance
(SSDI)



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Social Security Disability Benefit Programs



Social Security
Disability Insurance
(SSDI)

Supplemental
Security Income
(SSI)



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Social Security Disability Benefit Programs



Social Security
Disability Insurance
(SSDI)

Supplemental
Security Income
(SSI)

Both SSDI and SSI =
Concurrent Benefits

May is National Mental Health Month!

Kendra Berry, Aspire Indiana Works



Mental Illness: Common Myths

#1

Mental health problems only affect a few people.



Mental Illness: Common Myths



Mental health problems are actually very **common**. In 2011, about:

- **One in five** American adults experienced a mental health issue
- **One in 10** young people experienced a period of major depression
- **One in 20** Americans lived with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression

Resource: www.mentalhealth.gov

Mental Illness: Common Myths

#2



People with mental health needs, even those who are managing their mental illness well, cannot tolerate the stress of holding down a job.

Mental Illness: Common Myths



- People with mental health problems can be **just as productive** as other employees.
- Employers who hire people with mental health problems report **good attendance** and **punctuality** as well as **motivation, good work,** and **job tenure** on par with or greater than other employees.

Resource: www.mentalhealth.gov

Mental Illness: Common Myths



When employees with mental health problems receive effective treatment, it can result in:

- **Lower** total medical costs
- **Increased productivity**
- **Lower** absenteeism
- **Decreased** disability costs

Resource: www.mentalhealth.gov

Mental Illness: Common Myths

#3

There is little hope for people with mental health problems. Once a friend or family member develops mental health problems, he or she will never recover.



Mental Illness: Common Myths



- Studies show that people with mental health problems **get better** and many **recover** completely.
- Recovery refers to the process in which people are able to **live, work, learn,** and **participate** fully in their communities.
- There are more **treatments, services,** and **community support systems** than ever before, and they work for many people!

Resource: www.mentalhealth.gov

The Ticket to Work Program



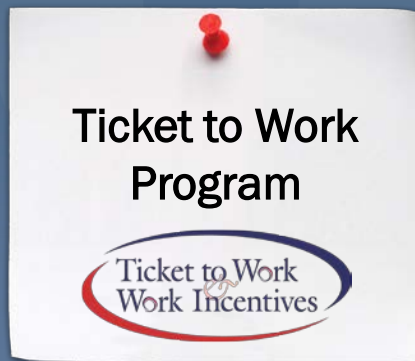
Kendra Berry, Aspire Indiana Works



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What Is Ticket to Work?



Ticket to Work is a **free** and **voluntary** program to assist SSDI and SSI beneficiaries age 18 through 64 who have a disability go to work, enter the workforce for the first time, or increase their current work hours.

Our representatives at the **Ticket to Work Help Line** can help you understand how the program can work for you. For more information, call **1-866-968-7842** (V), 1-866-833-2967 (TTY), or visit www.socialsecurity.gov/work.



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When You're Ready To Work



The Ticket to Work Program



If You:	Ticket to Work & Work Incentives Can:
Are ready to earn more money!	Help you improve your earning potential
Need the personal fulfillment that comes from working...	Provide the assurance and stability you need to feel confident while you pursue employment
Want to be able to get benefits back if your job does not work out because of your disability...	Put you on the fast track back to receiving benefits
Are overwhelmed and do not know where to turn...	Connect you with the people, resources and services you need to develop a work plan



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When You're Ready To Work



Building your Employment Team is the best way to begin. You have options to help you get started:

- [Speak with an expert](#) at our Ticket to Work Help Line at 1-866-968-7842 (V) or 1-866-833-2967 (TTY).
- [Learn more about Ticket to Work](#), read our blog, and view, listen, or read real success stories at www.socialsecurity.gov/work.
- [Find an Employment Network](#) (EN) that meets your needs or work with your state VR agency.
- [Stay connected to your Employment Team](#) (EN or VR) as you explore your work options.

Employment Network (EN)



Tina Skeel
Aspire Indiana Works

What is an Employment Network (EN)?



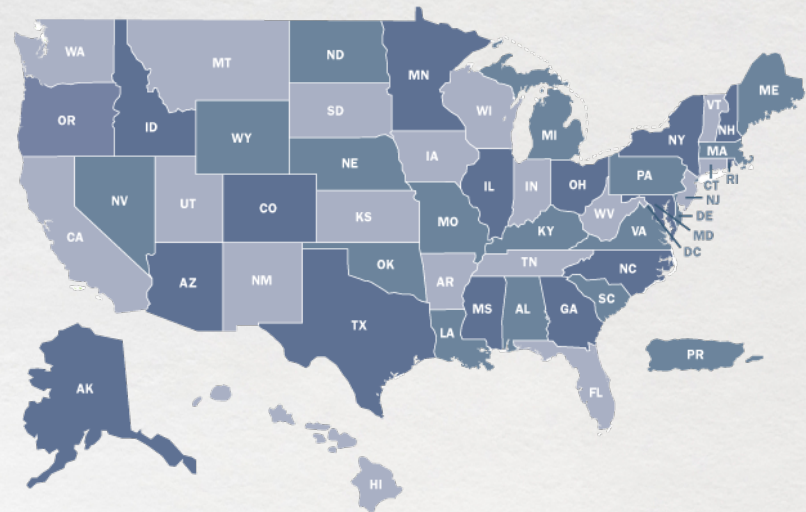
ENs are organizations and agencies, including your **state Vocational Rehabilitation (VR) agency**, that entered into an agreement with Social Security to provide

- **Employment services**
- **Vocational rehabilitation services**
- and **other types of support services** to people receiving Social Security disability benefits with disabilities under the Ticket to Work program.

How to Find an Employment Network



- You can find service providers in your area who can help you!
- Visit www.socialsecurity.gov/work
- Using the [Find Help Tool](#), enter your ZIP code and the service you are looking for or click on a state in the map or the state listed online.



Select an Employment Network That's Right For You



After you've located a few ENs near you, choose one that can answer your employment questions:

- **How many people have you helped** through the Ticket to Work program?
- **What kinds of companies do you work with** for job placements?
- **What kinds of jobs might be available** to me?
- **How often will we communicate** and meet?

When You Call the EN Office, Remember These Tips



- The EN should explain **how the Ticket to Work program works** and **the services it provides**.
- The EN should ask about your **work goals** and **intentions about work**.
- The EN should talk with you about any **fears you may have**.
- You and the EN will develop an **Individual Work Plan** that includes your employment goals and the services the EN will provide to help you get there.

When You Visit an EN Office, Remember These Tips



- Your **signature on the Individual Work Plan** assigns your Ticket to the EN.
- The EN may have some other routine forms for you to sign allowing it to work with you.
- You can **un-assign your Ticket at any time** if you change your mind or decide the EN is not a good match.
- Social Security **postpones your Continuing Disability Reviews** (CDRs) as long as you are making timely progress towards employment.

Examples of EN Services

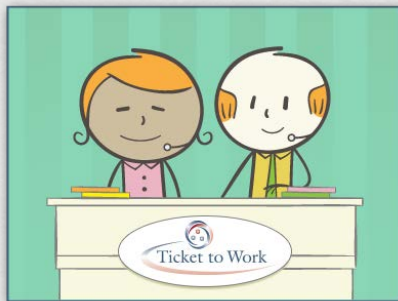


- **Résumé development** and advice on how to fill out a good application
- **Interview skills and tips** on how to explain long absences from work without disclosing your disability
- **Job accommodation information** and resources
- **Tax incentive information**
- **Referrals to other resources** in your area

Examples of EN Services



- **Job leads and information on employers** who are hiring, job fairs, recruiting events, etc.
- **Access to resource centers** -- computers, internet, email, phones, and fax machines
- **Job development** on your behalf
- **Referrals to other organizations** that can help you
- Continue to provide you services through the Ticket after you are finished working with Vocational Rehabilitation



Other Resources

Ray Cebula



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Mental Illness Resources



- If you or someone you know is suicidal or in emotional distress, contact the **National Suicide Prevention Lifeline**.
- Trained crisis workers are available to talk **24 hours a day, 7 days a week**.
- Your **confidential** and **toll-free** call goes to the nearest crisis center in the Lifeline national network.
- These centers provide crisis counseling and mental health referrals.

1-800-273-TALK (1-800-273-8255)

Mental Illness Resources

SAMHSA Treatment Referral Helpline

- Get general information on mental health and **locate treatment services in your area**.
- Speak to a live person, Monday through Friday from 8 a.m. to 8 p.m. Eastern.

1-877-SAMHSA7 (1-877-726-4727)



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Mental Illness Resources

MentalHealth.gov provides one-stop access to U.S. government mental health and mental health problems information.

MentalHealth.gov aims to **educate** and **guide**:

- The general public
- Health and emergency preparedness professionals
- Policy makers
- Government and business leaders
- School systems
- Local communities

www.mentalhealth.gov



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Mental Illness Resources



The **National Alliance on Mental Illness (NAMI)** is dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI **advocates** for access to services, treatment, supports and research and is committed to **raising awareness** and **building a community** of hope for all of those in need.

www.nami.org



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Mental Illness Resources



Mental Health America (MHA) is a community-based network dedicated to helping all Americans live mentally healthier lives. With a century of service and more than 300 affiliates across the country, MHA

- **advocates** for changes in policy;
- **educates** the public, and
- **delivers** urgently needed programs and services.

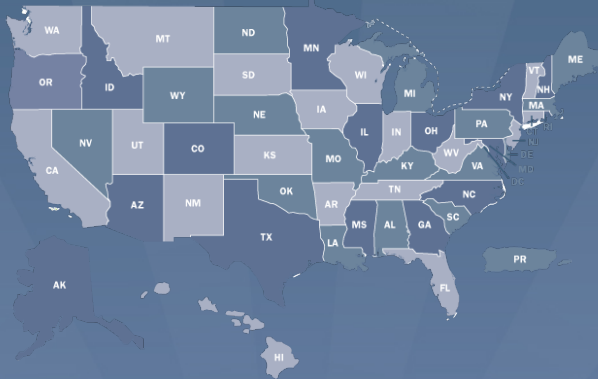
www.mentalhealthamerica.net



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Where to Get More Information

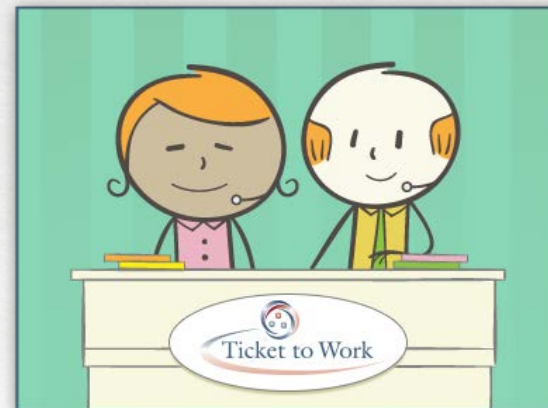


Visit: www.socialsecurity.gov/work to find your Employment Network and other Ticket to Work and Work Incentives information.

Call:

Ticket to Work Help Line:

- 1-866-968-7842 (V)
- 1-866-833-2967 (TTY)



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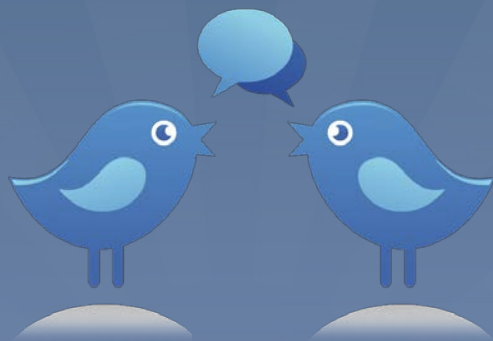


Question and Answer Period



- During the webinar, submit your questions on the webinar “[question and answer box](#)” or to webinars@choosework.net
- Anytime after the webinar day, email your questions to support@chooseworkttw.net

Join the May 30th
Twitter Chat
(#DEChat): "Mental
Health Month: A
Discussion on
Mental Health and
Employment"



- **Topic:** Mental Health Month: A Discussion on Mental Health and Employment
- **Hashtag:** #DEChat
- **Date:** Friday, May 30, 2014, 12:00 p.m. EDT
- **Instructions:** Sign in to Twitter and follow us [@chooseworkssa](https://twitter.com/chooseworkssa) and participate by using hashtag #DEChat in your posts. It will be a fun and informative discussion. You can also follow the discussion in our chat room:
<http://twubs.com/DEChat>.



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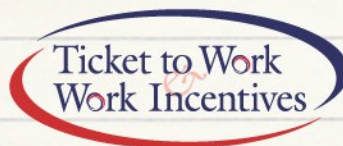
TICKET TO WORK

Ticket to Work: Free Support Services For Young Adults in Transition



Join us for
our next
webinar!

Work Incentives Seminar Event



June 25, 2014
3:00-4:30 p.m.

Thank you for attending today's webinar!



Like us on Facebook: <http://www.facebook.com/choosework>



Follow us on Twitter: <http://www.twitter.com/chooseworkssa>

Ticket to Work Help Line: 1-866-968-7842 (V) or 1-866-833-2967 (TTY)



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