



Helping You Today
So You Succeed Tomorrow

TICKET TO WORK

**For People Who Have a Mental Illness:
Support on Your Journey to Employment**

Work Incentives Seminar Event

Date: Wednesday, September 17

Time: 3:00-4:30 p.m. EDT



Accessing Today's Webinar

Toll-Free number: 1-855-749-4750

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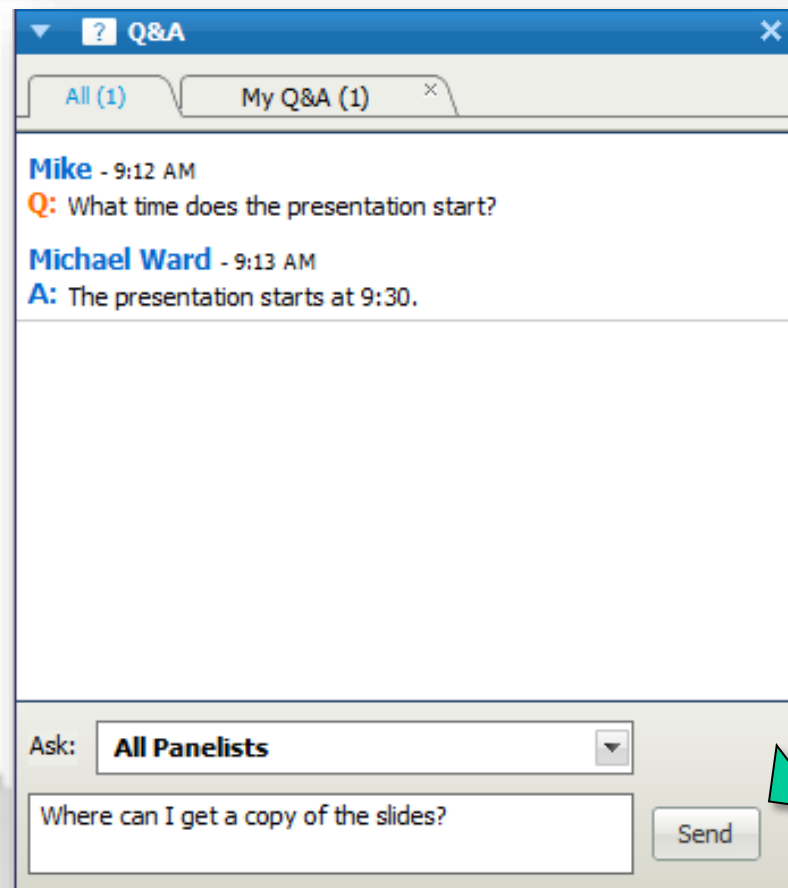
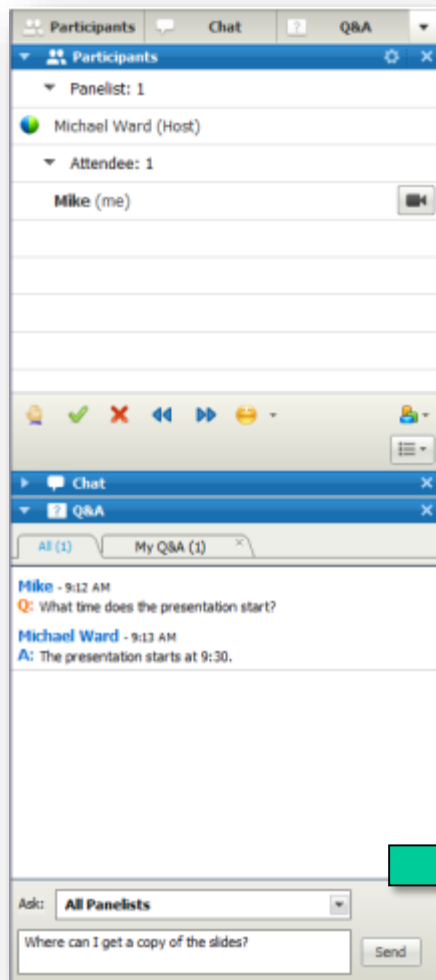
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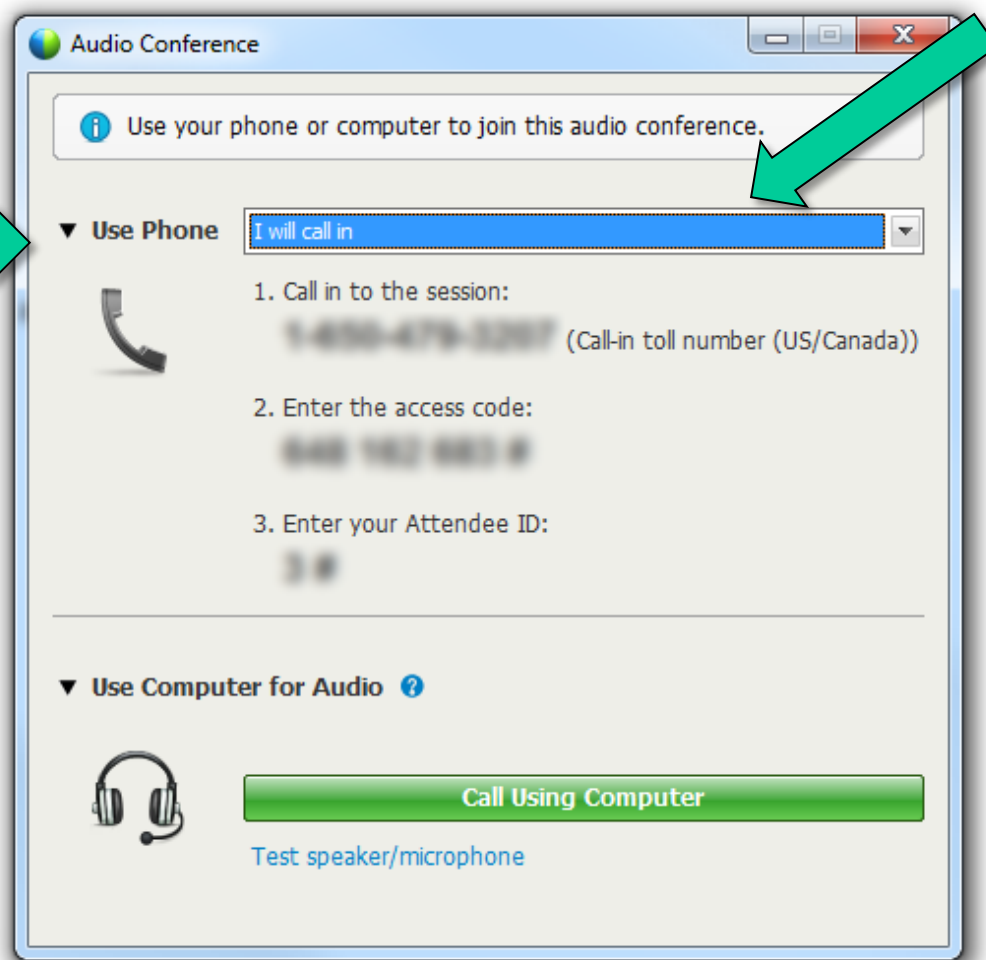
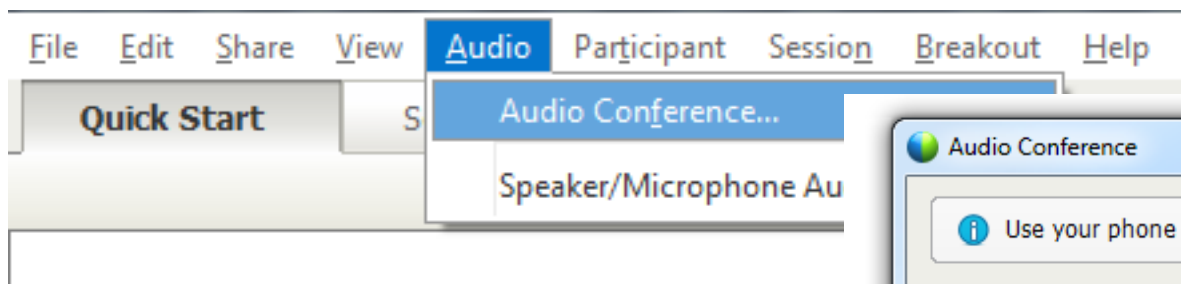
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Audio and Questions Panels



Audio and Questions Panels



Agenda

Welcome and Introductions

Ray Cebula, Employment & Disability Institute, Cornell University

Mental Health: Common Myths

Kendra Berry, Aspire Indiana Works

The Ticket to Work Program

Kendra Berry

Employment Networks

Tina Skeel, Aspire Indiana Works

Resources

Ray Cebula

Questions and Answers

Presentation Team

Get to Know Ben





Mental Illness Myths and Facts



**Mental health problems
only affect a few people.**

The answer is FALSE!



Mental health problems are **common**.

In 2011, about:

- **One in five** American adults experienced a mental health issue
- **One in 10** young people experienced a period of major depression
- **One in 20** Americans lived with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression

Resource: www.mentalhealth.gov



People with mental health needs, even those who are managing their mental illness well, cannot tolerate the stress of holding down a job.

The answer is FALSE!



- People with mental health problems can be **just as productive** as other employees.
- Employers who hire people with mental health problems report **good attendance** and **punctuality** as well as **motivation, good work,** and **years on the job that** on par with or greater than other employees.

Resource: www.mentalhealth.gov

People with mental health needs, even those who are managing their mental illness well, cannot tolerate the stress of holding down a job.



When employees with mental health problems receive effective treatment, it can result in:

- **Lower** total medical costs
- **Increased productivity**
- **Lower** absenteeism
- **Decreased** disability costs

Resource: www.mentalhealth.gov



There is little hope for people with mental health problems. Once a friend or family member develops mental health problems, he or she will never recover.

The answer is FALSE!



- Studies show that people with mental health problems **get better** and many **recover** completely.
- Recovery refers to the process in which people are able to **live, work, learn,** and **participate** fully in their communities.
- There are more **treatments, services,** and **community support systems** than ever before, and they work for many people!

The Ticket To Work Program



Taking the Next Step

- Gathering information and resources is key to planning your journey toward employment.
- Ticket to Work and Work Incentives can help make your journey a smooth one.



Starting the Journey

Only you can decide if work is
the right choice for you.



Why Choose Work?

- Earn more income
- Gain independence
- Meet new people
- Learn new skills



The Ticket to Work Program

- Supports career development for people with disabilities who want to work
- Is for disability beneficiaries age 18 through 64
- Is free and voluntary



Social Security Disability Benefit Programs



Social
Security
Disability
Insurance

Social Security Disability Benefit Programs



Supplemental
Security
Income

Social Security Disability Benefit Programs



Social
Security
Disability
Insurance



Supplemental
Security
Income



Work Incentives

Work Incentives

Work Incentives are special rules that allow you to:

- Receive training for new skills
- Improve the skills you already have
- Pursue your education
- Try different jobs
- Start a career
- Gain confidence



Most Common Work Incentives



Earned
Income
Exclusion

SSI

SSDI



Protection from
Medical
Continuing
Disability
Reviews

SSI

SSDI



Trial Work
Period

SSDI



Continuation
of Medicare
Coverage

SSDI



Section
1619(b)
Continued
Medicaid
Eligibility

SSI



Expedited
Reinstatement

SSI

SSDI

Megan's Journey to Financial Independence

2008

Diagnosed with
clinical depression

2010

Connected with
an Employment
Network



2011

Successfully working.
Begins Extended Period
of Eligibility (EPE), and
cash benefits stop.

2013

Work ends during
EPE. Cash benefits
re-start without
new application.



2014

Back to work
as a Zumba
instructor

Your Employment Team

Tina Skeel
Aspire Indiana Works

Ray Cebula
Employment and Disability Institute

Employment Team



Employment Networks (EN)

- Career Planning
- Job Leads and Job Placement
- Ongoing Employment Support
- Benefits Counseling



State Vocational Rehabilitation (VR) Agencies

- Intensive Training
- Education
- Rehabilitation
- Career Counseling
- Job Placement Assistance
- Benefits Counseling



Work Incentives Planning & Assistance (WIPA) projects

- Benefits Counseling
- Other Federal and State programs



Protection and Advocacy for Beneficiaries of Social Security (PABSS)

- Individual Advocacy/Conflict Resolution

Employment Networks (EN)



ENs are organizations and agencies that entered into an agreement with Social Security to provide

- **Employment services**
- **Vocational rehabilitation services**
- and **other types of support services** to people receiving Social Security disability benefits with disabilities under the Ticket to Work program

Many **Vocational Rehabilitation Agencies** also serve as ENs

Employment Networks (EN)



EN services may include

- Career Planning
- Job Leads and Job Placement
- Ongoing Employment Support
- Benefits Counseling

Selecting the Right EN



Tips for selecting an EN

- Determine what kind of help you need
- Talk with multiple ENs
- Ask questions

State Vocational Rehabilitation (VR) Agencies

VR services may include

- Intensive Training
- Education
- Rehabilitation
- Career Counseling
- Job Placement Assistance
- Benefits Counseling



Work Incentives Planning & Assistance (WIPA) projects



Working with a WIPA project can help you:

- Decide whether the Ticket to Work program is right for you.
- Understand the potential benefits of employment as a person who receives disability benefits from Social Security while dispelling the myths about working.
- Analyze how work and earnings may impact your Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI), health care, and other public benefits.
- Understand the services a State Vocational Rehabilitation (VR) agency or an Employment Network (EN) may provide and how they might fit best with your needs.

Protection and Advocacy for Beneficiaries of Social Security (PABSS)



PABSS services are:

- Located throughout the 50 states, U.S. territories, and the Tribal Nations.
- Designed to help SSI and SSDI beneficiaries with disabilities remove obstacles preventing them from working.
- Free to everyone that receives a Social Security benefit or Medicare/Medicaid based on disability benefits.

Find Help Tool

Visit: www.choosework.net/findhelp to search for the right service provider for you.

You can search by:

- ZIP code
- Services offered
- Disability types
- Languages spoken
- Provider type (EN, VR, WIPA or PABSS)

MentalHealth.gov



National Alliance on Mental Illness



Resources





**1-800-273-TALK
(1-800-273-8255)**

If you or someone you know is suicidal or in emotional distress, contact the **National Suicide Prevention Lifeline**.

Trained crisis workers are available to talk **24 hours a day, 7 days a week**.

Your **confidential** and **toll-free** call goes to the nearest crisis center in the Lifeline national network.

These centers provide crisis counseling and mental health referrals.

SAMHSA Treatment Referral Helpline



Get general information on mental health and **locate treatment services in your area.**

**1-877-SAMHSA7
(1-877-726-
4727)**

Speak to a live person, Monday through Friday from 8 a.m. to 8 p.m. Eastern.

MentalHealth.gov provides one-stop access to U.S. government mental health and mental health problems information.

MentalHealth.gov

MentalHealth.gov aims to **educate** and **guide**:

- The general public
- Health and emergency preparedness professionals
- Policy makers
- Government and business leaders
- School systems
- Local communities

www.mentalhealth.gov



www.nami.org

The **National Alliance on Mental Illness (NAMI)** is dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI **advocates** for access to services, treatment, supports and research and is committed to **raising awareness** and **building a community** of hope for all of those in need.



www.mentalhealthamerica.net

Mental Health America (MHA) is a community-based network dedicated to helping all Americans live mentally healthier lives. With a century of service and more than 300 affiliates across the country, MHA

- **advocates** for changes in policy;
- **educates** the public, and
- **delivers** urgently needed programs and services.

For More Information





Call the Ticket to Work Help Line:

- 1-866-968-7842 (V)
- 1-866-833-2967 (TTY)

Visit:

- www.socialsecurity.gov/work

Connect:

- Like us on Facebook: 
www.facebook.com/choosework
- Follow us on Twitter: 
www.twitter.com/chooseworkssa

Questions

