



**TICKET TO  
WORK** | **WISE**  
Work Incentives Seminar Event

# Ticket to Work for Young Adults

Date: Wednesday, June 28  
Time: 3-4:30 p.m. ET



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# Agenda

## Welcome and Introductions

Moderator:

Nancy Boutot, NDI Consulting

Presenters:

Tad Asbury, Marriott Foundation for People with Disabilities

Debbie Baker, Office of Vocational Rehabilitation (Florida)

## Topics

- Social Security Disability Benefits
- The Ticket to Work Program
- Work Incentives
- The Marriott Foundation for People with Disabilities
- Tips for Young Adults as You Transition to the World of Work
- Other Resources
- Questions and Answers

# Social Security Disability Benefits



SSDI

SSI



# Social Security Disability Benefit Programs

SSDI

Social  
Security  
Disability  
Insurance



# Social Security Disability Benefit Programs

SSI

Supplemental  
Security  
Income



## Social Security Disability Benefit Programs



Social  
Security  
Disability  
Insurance



Supplemental  
Security  
Income

## Starting the Journey

Only you can decide if work is the right choice for you.



## Why Choose Work?

- Earn more income
- Gain independence
- Meet new people
- Learn new skills
- Reach your goal



## What Is the Ticket to Work Program?

### Ticket to Work:

- Supports career development for people with disabilities who want to work
- Is for Social Security disability beneficiaries age 18 through 64
- Is free and voluntary



## Taking the Next Step

- Gathering information and resources is key to planning your journey toward employment.
- Ticket to Work and Work Incentives can help make your journey a smooth one.



## For More Information

Call the Ticket to Work Help Line

(8 a.m. – 8 p.m. ET):

- 1-866-968-7842
- 1-866-833-2967 (TTY)

Visit the Ticket to Work Site:

- [www.ssa.gov/work](http://www.ssa.gov/work)



# Work Incentives



## Work Incentives

Work Incentives are special rules that allow you to:

- Receive training for new skills
- Improve the skills you already have
- Pursue your education
- Try different jobs
- Start a career
- Gain confidence



## Work Incentives: Plan to Achieve Self Support (PASS) (Slide 1 of 4)

- If you receive SSI or can become eligible for it, you could benefit from a PASS plan.
- APASS allows you to set aside income (other than your SSI) for a specified period of time so that you may pursue a work goal.
- When Social Security figures your SSI payment amount, they do not count the income that you set aside under your PASS plan.



## Work Incentives: Plan to Achieve Self Support (PASS) (Slide 2 of 4)

APASS plan can help you pay:

- For services to support working from home
- For business equipment and transportation
- For other goods and services related to your work goals



## Work Incentives: Plan to Achieve Self Support (PASS) (Slide 3 of 4)

An EN, State Vocational Rehabilitation (VR) agency, social worker, or Benefits Counselor can help you set up a PASS plan that must:

- Be in writing and designed specifically for you
- Identify a specific work goal that you are capable of achieving
- Include a specific timeframe for reaching your work goal.



## Work Incentives: Plan to Achieve Self Support (PASS) (Slide 4 of 4)

An EN, VR, social worker, or Benefits Counselor can help you set up a PASS plan that must:

- Show what income you receive (other than SSI) and how that income will be used to reach your work goal; and
- Be approved and reviewed periodically by Social Security.





## Bridges from School to Work

A program of the Marriott Foundation for People with Disabilities

# Marriott Foundation for People with Disabilities

## The Foundation:

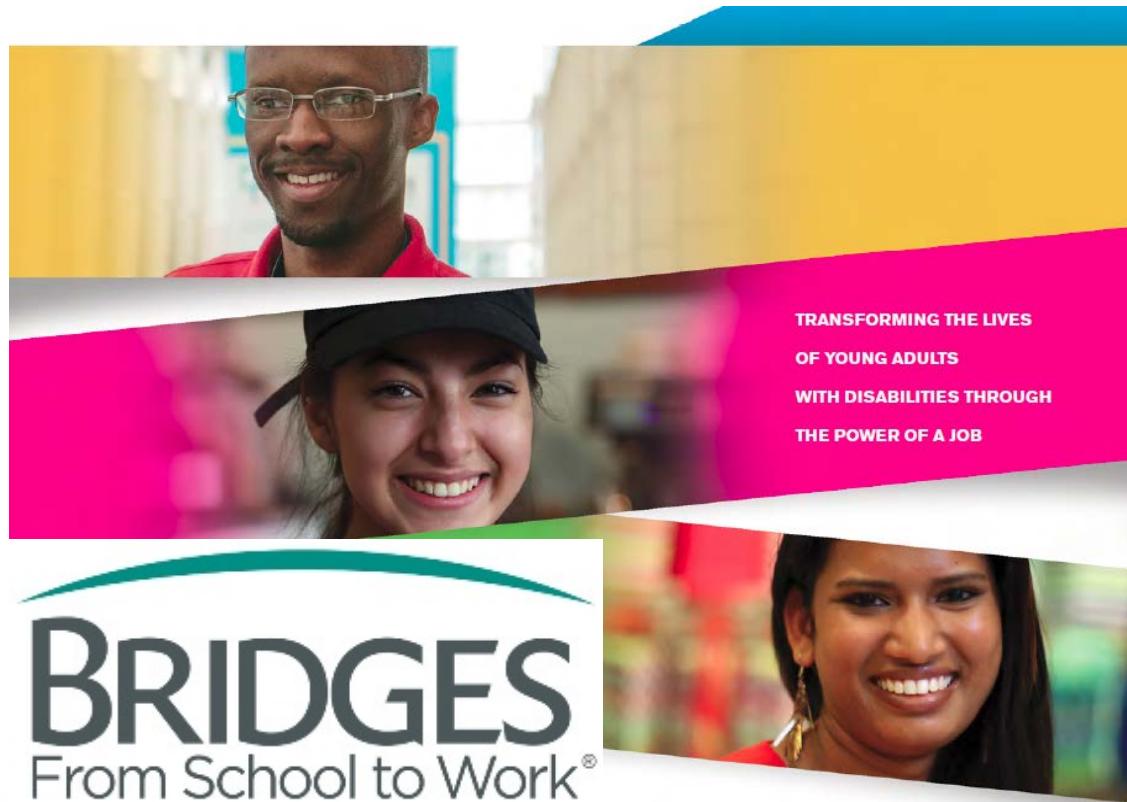
- Was established in 1989 by Marriott family to enhance employment opportunities for young adults with disabilities
- Emphasizes competitive job placement, retention, vocational growth and advancement
- Is a 501 (c)(3) non-profit

The signature program of the Foundation:  
Bridges From School to Work



## What is Bridges from School to Work?

**The Mission:**  
Transform the lives of  
young adults with  
disabilities through  
the power of a job.



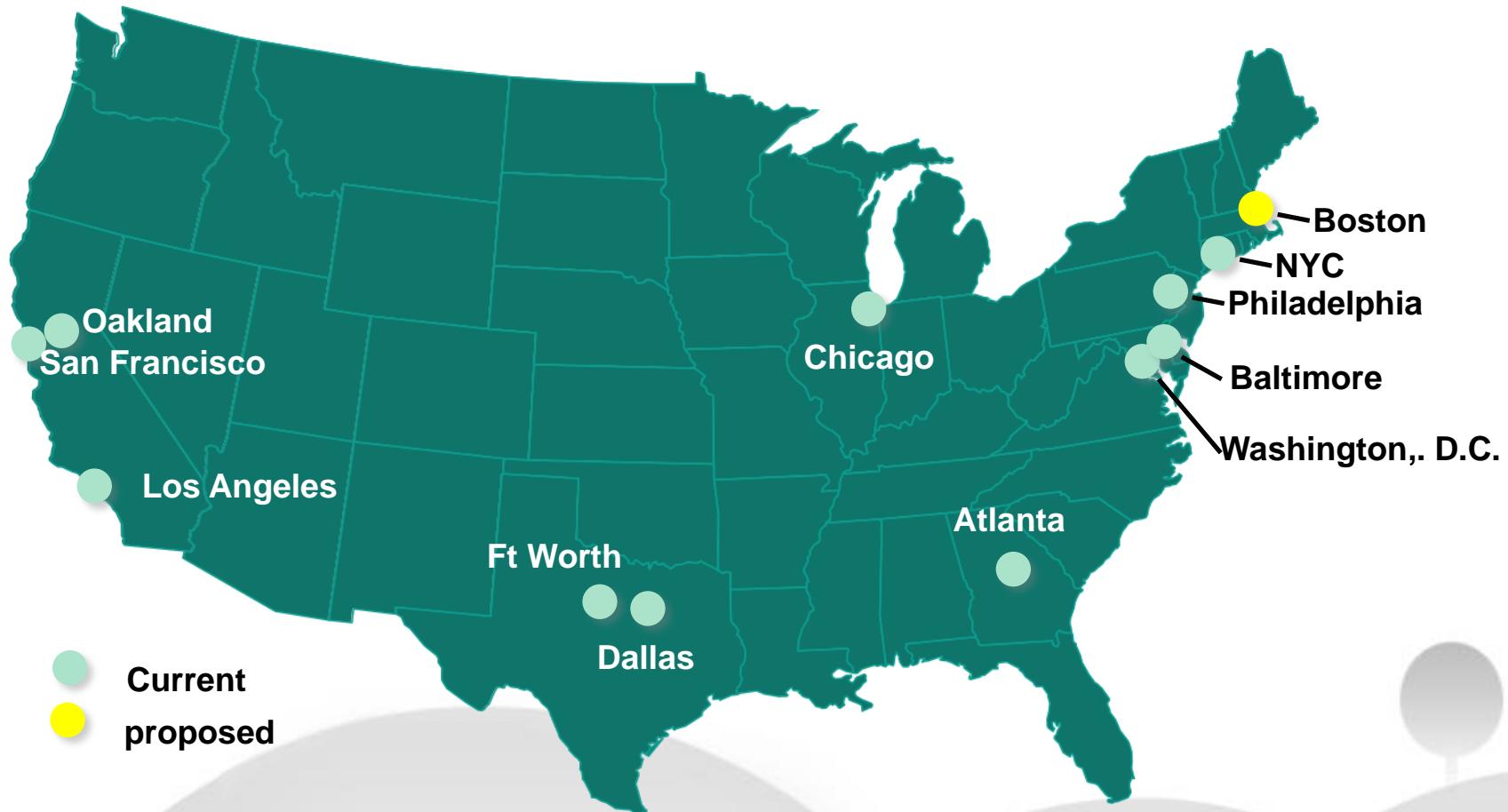
## What is Bridges from School to Work? (Continued)

Bridges from School to Work is:

- Employer-driven
- Emphasizes abilities rather than disabilities
- Matches pre-screened youth with appropriate jobs
- Provides long-term supports during employment for youth and employer



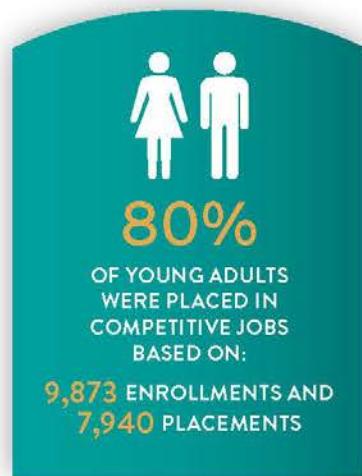
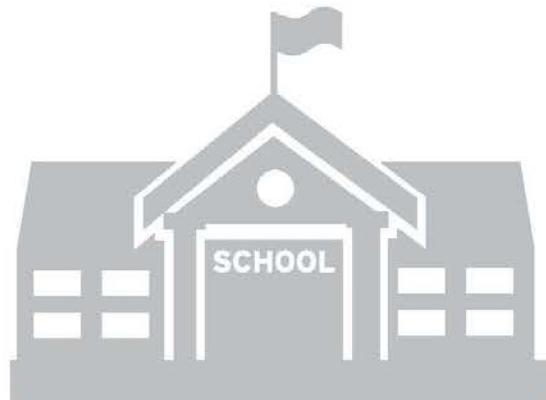
## Bridges from School to Work





## PROGRAM YEARS 2006-2015

### TOTAL YOUNG ADULTS SERVED



SINCE 1990 BRIDGES HAS ENROLLED OVER **21,000** YOUNG ADULTS AND PLACED OVER **16,300**  
WITH MORE THAN **4,200** EMPLOYERS.

A curved line from the school building icon on the left points to the "21,000" enrollment figure. Another curved line from the "WE'RE HIRING!" sign on the right points to the "16,300" placement figure.



*Transforming the lives of young adults with disabilities through the power of a job.*



Learn more!



[www.bridgestowork.org](http://www.bridgestowork.org)



# What is Transition?

## Setting the Stage

It's a big, exciting, and complex world of work out there!

Jobs of today and tomorrow include:

- **A variety** of job types and skills needed
- A complex work world **full of opportunities**
- **A diverse** workforce

## Setting the Stage (Continued)

What is the difference between transition and change?

### Change

- Happens externally, often quickly

### Transition

- Happens internally, occurs more slowly
- Begins with an ending and ends with a beginning

## What are the Phases of Transition?

There are several phases of transition:

- Ending, losing, and letting go
- The neutral zone
- The new beginning

# Tips for Young Adults as You Transition to the World of Work

## Tip #1: Work Early, Work Often

### Explore!

- Volunteer
- Internship
- Summer job
- Full-time job
- Part-time job



## Tip #2: Master the Basics

Remember three basic concepts:

- Knowledge
- Communications
- Respect

## Tip #2: Master the Basics

### Knowledge: Know Your “Self”

- Inventories
- Personality
- Interest
- Strengths
- Career
- Bottom line
  - » Inventories can create a personal vocabulary
    - » Words/ ideas to use to talk about yourself: self-awareness is key
    - » Targets the job search

*- Knowledge  
- Communications  
- Respect*

## Tip #2: Master the Basics

**Knowledge:** Know the company or the organization where you would like to work.

- Who are they and who is their customer?
- What do they do?
- How do they operate (work)?
  - » Do research
- What are the company's core values?
- Know the landscape

- *Knowledge*
- *Communications*
- *Respect*

## Tip #2: Master the Basics

### Communications: A Reflection of You

- Resume
  - » Your resume makes you stand out to future employers.
  - » Seek feedback from others and be sure to proofread!
- References
  - » Realistic advocates who know you
- Social media
  - » How do you look online?
  - » Facebook, LinkedIn, etc.
  - » Using social media as a marketing tool

- Knowledge
- Communications
- Respect



## Tip #2: Master the Basics

### Communications: First Impression

- Look and act the part
- Disability Disclosure? Have a plan
  - » Know your rights and the rules
  - » Consider and practice your approach in advance
  - » There are special rules for federal contractors
  - » Seek feedback from others and be sure to proofread
- Ask for help
  - » Seek assistance as needed

- Knowledge
- Communications
- Respect

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## Tip #2: Master the Basics

### Respect

- Be polite and attentive
- Make eye contact if you are able
- Listen
- Avoid distractions such as your cell phone
- Get contact information and write a thank you note

*- Knowledge  
- Communications  
- Respect*

## Tip #3: Show What You Know

It's not what you know. It's what you DO with what you know!

**STAR** Interview

Situation

Task

Action

Result

An interview is a chance to tell your story. STARS can help you tell it!

## Tip #3: Show What You Know

An interviewer might ask you about your experience related to:

- Making decisions
- Working in teams
- Dealing with stress
- Helping customers
- Managing time
- Taking action

**Situation**  
**Task**  
**Action**  
**Result**

## Tip #3: Show What You Know

### Be Ready!

- Assessments: reality of the work world
  - » Pre-employment assessments and online applications
- Background/ Credit/ Drug Screening

## Tip #4: Practice Success Daily

The keys to job success are:

- Know your work schedule
- Be at work every day you are scheduled
- Be on time
- Be organized
- Follow the dress code



## Tip #4: Practice Success Daily (continued)

More keys to job success are:

- No cell phone or texting
- No “favors” for friends or family
- Have a good, positive attitude
- Take initiative
- Avoid drama and rumor mills
- Be professional and work hard



## Summary: Tips as You Transition to Work

- ✓ Work Early, Work Often
- ✓ Master the Basics
- ✓ Show What You Know
- ✓ Practice Success Daily



# Additional Resources



## Youth Transitions Collaborative

The Youth Transitions Collaborative includes a toolkit for young adults with a disability who want to connect to jobs and careers. The toolkit will lead you along your path and provide the information you need to make informed decisions, one step at a time.

[toolkit.disabilitypolicyworks.org](http://toolkit.disabilitypolicyworks.org)

**policyworks**

*your* PATHWAY *to*  
**SUCCESS**

## Career Onestop

The Career OneStop is a partner of the American Job Center Network. **GetMyFuture** is a one-stop site for young adults to find career, training, and job search resources.

Check out [www.careeronestop.org/getmyfuture/](http://www.careeronestop.org/getmyfuture/) to take an interest assessment, learn about careers, explore education and training options, and to find information about obtaining/ maintaining a job.

For more young adult resources, visit

[www.careeronestop.org/Resourcesfor/YoungAdult/young-adult.aspx](http://www.careeronestop.org/Resourcesfor/YoungAdult/young-adult.aspx)



## My Next Move



My Next Move: is an interactive tool for job seekers and students to learn more about career options. It contains tasks, skills, and salary information for more than 900 different careers. Find a career through a keyword search, browse industries that employ different types of workers or use the O\*NET Interest Profiler. The O\*NET Interest Profiler is a tool that offers personalized career suggestions based on your interests and level of work experience.

[www.mynextmove.org/](http://www.mynextmove.org/)

## Find Help Tool

Visit: [www.choosework.net/findhelp/](http://www.choosework.net/findhelp/) to search for the right service provider for you.

Search by:

- ZIP code
- Services offered
- Disability type
- Languages spoken
- Provider type (EN, Workforce EN, VR, Work Incentives Planning and Assistance or Protection and Advocacy for Beneficiaries of Social Security)

## For More Information



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